***5-6 КЛАССЫ. КЛЮЧ К ЗАДАНИЯМ***

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| **б** | **в** | **в** | **в** | **г** | **в** | **а** | **в** | **в** | **в** |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| **б** | **в** | **в** | **б** | **в** | **в** | **в** | **в** | **а** | **б** |

***7-8 КЛАССЫ. КЛЮЧ К ЗАДАНИЯМ***

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| **б** | **б** | **в** | **б** | **в** | **а** | **б** | **б** | **а** | **в** |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| **г** | **в** | **в** | **а** | **в** | **г** | **в** | **в** | **г** | **в** |

**21)** двигательная активность

**22)** закаливание

**23)** самоконтроль

**24)** разминка

**25.** 1 – Б; 2 – Г; 3 – А; 4 – В

***9-11 КЛАССЫ. КЛЮЧ К ЗАДАНИЯМ***

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| **в** | **б** | **в** | **г** | **в** | **в** | **абвг** | **в** | **б** | **г** | **б** |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| **а б г** | **а б** | **в** | **б** | **а** | **в** | **г** | **г** | **в** | **а б в** | **г** |

**23)** быстрота, ловкость

**24)** 15х28; 5

**25)** соскок

**26)** интенсивность нагрузки

**27)** гибкость

**28.** 1 – **г**; 2 – **в**; 3 – **д**; 4 – **а**; 5 – **б**; 6 – **е**.

**29.** 1 – **г**; 2 – **в**; 3 – **д**; 4 – **б**; 5 – **е**; 6 – **а**.

**30**. «Согнув ноги»; «ножницы»; «прогнувшись».